

## WEEK AT A GLANCE

### Sunday, March 10 ~ First Sunday In Lent

8:30 am Traditional Worship with Holy Communion  
 9:45 am Traditional Worship with Holy Communion  
 9:45 am Hearing Loss Forum  
 9:45 am Adult Forum  
 9:45 am Kids' Kingdom  
 9:45 am Youth Forum  
 10:50 am Adult Forum  
 11:00 am Celebration Worship with Holy Communion  
 3:00 pm Augustana University Choir Concert  
 6:30 pm Senior High Sunday Group

~Daylight Savings~

### Monday, March 11

10:00 am Coffee & Conversation  
 3:00 pm Loaves & Fishes  
 6:30 pm Faith~Filled Mat Yoga

### Tuesday, March 12

1:00 pm Quilting Ministry  
 6:30 pm Spiritual Enrichment Series  
 7:00 pm Al-Anon/AA Groups

### Wednesday, March 13

11:30 am Lenten Worship  
 12:00 pm Lenten Lunch  
 5:00 pm Library/Congregational Dinner  
 6:00 pm Lenten Mentoring  
 6:00 pm Where Faith Meets Life Bible Study  
 6:00 pm Rejoice! Ringers Rehearsal  
 6:15 pm Cherub & Chorister Choir Rehearsals  
 7:07 pm Lenten Worship  
 8:00 pm Senior Choir & Alleluia Bells Rehearsals

### Thursday, March 14

10:00 am Faith~Filled Chair Yoga  
 7:00 pm Knitting Ministry at WSP Culver's

### Friday, March 15

6:00 pm Parents' Night Out

### Saturday, March 16

### Sunday, March 17 ~ Second Sunday In Lent

8:30 am Traditional Worship with Holy Communion  
 9:45 am Traditional Worship  
 9:45 am Adult Forum  
 9:45 am Kids' Kingdom  
 9:45 am Youth Forum  
 9:45 am Befriender Ministry Info Meeting  
 10:50 am Adult Forum  
 11:00 am Baptism Class  
 11:00 am Befriender Ministry Info Meeting  
 11:00 am Celebration Worship with Holy Communion

# HAPPENING @ Augustana

## YOUR TAKE-HOME BULLETIN INSERT

Please complete the enclosed Connection Card when you need to update your contact information, request prayers or a pastor visit, or sign up for an event/opportunity. Then place it in the offering plate.

Connect



Learn



Serve



March 10, 2019

Augustana Lutheran Church

1400 South Robert Street, West St. Paul, MN 55118

651 457-3373

augustana.com

# Connection Card

3.10.19

**Welcome! We are happy you are worshiping with us today!**

**Visitors**, help us get to know you by completing the info below.

**Members**, use this to update/change information.

Name (s) \_\_\_\_\_

Address \_\_\_\_\_

City and ZIP \_\_\_\_\_

Phone \_\_\_\_\_  New PHONE number

Email \_\_\_\_\_

New HOME Address  New EMAIL Address

### Check all that apply:

- Member
- Received Communion today
- Visitor with church home
- Visitor without church home
- I / We would like an invitation to the April 23 & 30 New Member Classes.

### I'd like to . . .

- Share a comment
- Share a prayer request with Augustana's confidential prayer ministry
- Request a call from a pastor
- Notify staff of a hospitalization, new baby or death in family
- What questions do you have about today's sermon or worship service, or any matter of faith?** Please submit your name with your question so pastors can follow up if needed. Thank you!

Comments/Questions/Requests \_\_\_\_\_



## SERVE

Prayerfully choose from the opportunities below; then drop this in the offering plate. Please complete the front side of this card so we know how to contact you. Call 651-457-3373 with questions about any of these ministries.

### Minnesota FoodShare Month

Every year, Augustana enthusiastically supports our local mission partner, Neighbors, Inc., through MN FoodShare in March. You are invited to give gifts of money or pounds of food, which will increase in impact during this special month of giving. This year we want to raise 25,000 lbs/dollars, which means we need 5,000 each week in March. You can even support the competition between the pastors for who can have the most raised in their name. The first week donation pounds are in: Intern Eric 146 pounds; Pastor Torgerson 124 pounds; Pastor Aune 122 pounds.

**Loaves and Fishes:** Shifts begin at 3:00, 4:30, or 5:30 pm. Check the box below or sign up in the Loaves and Fishes Binder in the Information Center.

**Monday, March 11**

**Boys & Girls Club:** Help kids with homework, play games or lend a hand in the kitchen. The Boys & Girls Club is located at 291 Belvidere, just a mile from church. If you have any questions, please contact Jan or Jeff Gunderson at 651-458-0706.

**Tuesday, March 26, 3:00 - 6:00 pm**

**Feed My Starving Children:** Sign up in the binder at the Information Center, or online using the online code for the date you want.

**Thursday, April 11, 6:00-7:30 pm online code: DV35NG**

**Caring Casseroles:** Prepare and share a meal with families that are experiencing life challenges. For more information, call Joann Arneberg, Faith Community Nurse at 651-457-3373.

**I am interested in providing meals**

**Lenten Ushers Needed:** Lenten Wednesdays through April 10. Turn in this form or sign up in the binder at the Information Center.

**11:30 am service**

**7:07 pm service**

### Connection Card Q & A

**The questions asked last week and the pastor's answers are below.** If you have a question about today's worship service, please complete the appropriate section of the Connection Card and check back next week for the answer.

**Q:** Is Ash Wednesday considered a Holy Day of Obligation? Was wondering since there is a giving envelope.

**A:** A holy day of obligation is a principle of the Roman Catholic Church which dictates the days on which the faithful must attend worship. For Catholics, this includes Sundays and at least ten other major festivals. Lutherans do not have a similar ordinance. Instead, we make worship an intentional, regular part of our lives whenever and however possible. Because Ash Wednesday falls outside the typical Sunday worship schedule, we include additional giving envelopes for those who will be in worship those days and want to participate in sharing an offering with gratitude for all of God's gifts.



## CONNECT

### ALL-CONGREGATION

**Hearing Aid Info Session:** Today at 9:45 am in the Luther Room, with Jeff Hawthorne, Augustana member and Regional Manager of Starkey Hearing Technologies. Interested in learning more about hearing loss for you or a loved one? Have questions about Hearing Aids and today's technology? Want to learn more about Augustana's equipment to assist with hearing difficulties during worship? With over 25 years in the Hearing Healthcare industry working with Audiologists and Hearing Specialists and their clients, Jeff will answer all your questions in this open forum informational session.

### College Music At Augustana:

~**Today at 3:00 pm.** The Augustana Choir of the University of Augustana, South Dakota with Dr. Steven Grives, Guest Conductor.

~**Saturday, March 30, 7:30 pm.** The University Choir of the University of Minnesota - Morris with Mary Kay Geston, Conductor.

### CHILDREN, YOUTH & FAMILY

**Parents' Night Out:** Friday, March 15, 6:00 pm, Augustana. Drop your kids off for an evening of games, crafts, fun, and fellowship while you have an evening to yourself. Space is limited, so don't wait to sign-up in the Children's Ministry Binder at the Information Center. There is no charge for this and is open to all Augustana children up to grade 6.

**BASIC Event:** Sunday, March 24, 11:30 am-4:00 pm at Shoreview Waterpark for children in grades 4-6. Cost is \$15 per person which includes lunch, transportation, and admission to the waterpark. Friends are welcome to join us. Please sign up in the Children's Ministry Binder at the Information Center.

**First Communion Instruction Class:** Tuesday, March 26 **OR** Thursday, April 4 at 6:00 pm in the Fellowship Hall. Children in grades 2 and older who have not made their First Communion are invited to attend one of these two classes. Children **MUST BE ACCOMPANIED BY AN ADULT!** Please sign-up in the Children's Ministry Binder at the Information Center or call the church office. Nursery provided for siblings at both classes.



**The Augustana story** is made up of many individual stories and events, each revealing God at work in this place. As part of the recently launched strategic planning process, we want your input to create the Augustana Story Wall. The story wall will be made up of experiences from the past, the present, and our hopes for the future. What has impacted your life of faith at Augustana? How has your life been changed by this church? How has this faith community impacted our local community and the world? What are your hopes and dreams for Augustana in the years to come? What will the story of this congregation be in 5 years, 10 years? We invite you to write an event, a person, a success, or a challenge in the life of this congregation on a post-it note and add it to the story wall located just outside the Fellowship Hall. The story wall will be taken down after Wednesday, March 13 evening worship. Members of the Strategic Planning Design Team will be available to answer questions as you add your experiences to the Augustana story.



## LEARN

### ADULT

**Adult Forum:** Today in the Jerusalem Room, 9:45 am & 10:50 am. The topic is *Personal Prayer Practices* with Megan Torgerson. We all say we want to pray more or better, but how do you do that? Pastor Torgerson will go over a few basics of ways to make your personal prayer life more thoughtful, faithful, and accessible.

**Next Week's Adult Forum:** Sunday, March 17, the topic will be *Discipleship in the Four Gospels: Matthew Compared to Mark, Luke, and John*, with Reverend Karoline Lewis from Luther Seminary. Each of the Four Gospels has a very unique perspective on discipleship. We will compare each of the four Gospels and imagine what difference this makes for navigating our own faith lives.

**Coffee & Conversation:** Monday, March 11, 10:00 am. *Soul Breathing* with Terri Peterson. Soul Breathing™ is at the cutting edge of breath work. Soul Breathing relieves stress, rejuvenates your body, releases emotional baggage, clears your mind, let's go of self-limiting beliefs, connects to Spirit, and helps you feel lighter and more joyful. Come learn this easy yet vital way to breathe.

**Spiritual Enrichment Series:** Tuesday, March 12, 6:30 pm. *Oils of the Bible* with Cheri Bunker. Explore several of the Oils of Ancient Scripture and make roll-ons for you to take home. There are 188 references to oils in the Bible. Work with several oils to create two special blends called Oil of Prayer and Oil of Joy. Learn how these oils affect the body. Supply fee \$7.00. Sign up with payment in the Adult Ministry Binder at the Information Center.

**My Neighbor is Not for Sale:** A 4-week class with Intern Eric Nelson on Human Trafficking, Tuesdays, March 19 - April 9, 7:00 pm. Human trafficking is a real issue around us. How do we respond as faithful Christians who are called to love our neighbors? Both youth (Confirmation to High School-age) and adults are invited to learn about the underlying issues of human trafficking and ask how the Bible informs our thoughts and beliefs around these issues. Adults sign up in the Adult Ministry Binder and youth sign up in the Youth & Family Ministry Binder at Information Center. Childcare is available upon request. For more information, contact Eric by calling 651-457-3373 or email at enelson@augustana.com.

**Faith-Filled Yoga New Sessions:** Please sign up and pay in the Faith-Filled Yoga Binder at the Information Center.

>Mat Yoga: Mondays, March 18 - May 20, 6:30 pm, 10 weeks, \$80.

>Chair Yoga: Thursdays, March 21 - May 23\*, 10:00 am, 9 weeks, \$72.

\*No Chair Yoga on Maundy Thursday, 4/18.

There is a drop-in fee of \$10 per session if you do not want to commit for a full session. This is an opportunity for you to check out Mat & Chair yoga.

**Guatemala Friends:** Sunday, March 17, 3:00 pm, Our Saviors Lutheran Church. Interested in learning more about La Iglesia Luterana Augustina de Guatemala (ILAG) and accompaniment? Learn about our companion relationship, receive updates from the ILAG, listen to a recap of our last Guatemala Friends gathering, and participate in a discussion about strategies for communicating with our Guatemalan sisters and brothers. Questions? Contact Deanine Mann at 651-528-1308. Our Saviors is at 9185 North Lexington Ave, Circle Pines.

**Guatemala Trip Registration:** July 31 - August 8, 2019. Join us as we strengthen the relationship with our partner church, San Agustin, in La Esmeralda. In Guatemala City, share activities with the young ladies of the MILAGRO Education Center and the elementary school students. Enjoy the majesty of the Mayan ruins of Tikal. Pick up a packet at the Info Booth, or contact Janet Metcalfe at 651-450-1717.